

Giòasteka Freeride 2025 - RIDER GUIDE

THANK YOU for joining! We can't wait to meet you!

1. Where to find all informations and news about the event?

- > <https://gioasteka.ch>
- > segretario@gioasteka.ch

2. Getting to San Bernardino

By car, from North and South: A13 Motorway Bellinzona - Chur, take the San Bernardino Villaggio way out and follow the signs.

Please park your car or van in the Giòasteka Parking Area only!

By train/bus, from Bellinzona or Chur railway stations, take the "Chur-Bellinzona-Linie" **PostAuto** bus line.

Giòasteka's Bus Stop is **S. Bernardino, Posta**.

Plan your trip to San Bernardino by clicking/tapping on the link below:

<https://www.postauto.ch/en/timetable-and-network/timetable-and-ticket-purchases>

3. Giòasteka Parking Area

All public parkings in town are toll parking!

What does this mean for you?

If you still wish to park in town, of course you can, but don't forget to pay the toll at the parking meter!

The Giòasteka Parking Area requires a daily toll as well.

Please use the parking meter to pay your parking lot..

From the Giòasteka Parking Area you can easily and quickly reach the Base Camp and Campsite by walk via the marked path.

WARNING: to leave your car anywhere is no more tolerated! Police will check on a regular basis and put a fine on all vehicles found outside parking lots. Take care!

Please help us keep the parking area clean!!!

4. Campsite

An area for camping with tents only located next to the Base Camp is available to registered Riders.

Please respect the campsite's boundaries. Placing your tent by the lakeshore is not permitted.

Cars and vans are **prohibited** inside the campsite!

It is strictly forbidden to light fires in the campsite!

Overnight stay in vans is allowed in the Giòasteka Parking Area only.

Please help us keep the site clean!!!

5. *Showers & Toilets*

Showers are located in the Sports Center, just a few steps away from the Campsite! You will find Toilets along the small path below the campsite and near the Base Camp, as well as the Giòasteka Parking Area.

PLEASE treat showers, toilets and all furnitures with respect and keep them clean!!!

6. **ALL NEW** *Base Camp - The Party Venue*

This year, the tent that hosted our Base Camp has been replaced by a brand new and modern structure on the other side of the river: the Raiffeisen Alpine Lounge.

New stage, big LED wall for pics and vids, upgraded sound system, and fresh tables and benches all around.

This brings us to something important: the new location — and everything in it — needs to be treated with care!

So, unfortunately, this year there's **no smoking inside** the Base Camp, **no stacking and climbing benches** (yeah, we know it was fun...), **no stickers on the tables**, and **no skating on the floor**.

We're guests in this space, and **any damage comes at a cost** (for us).

Thanks in advance for respecting this!

That said, this is **THE** place to meet each other, after the Freeride day to share our stories, get meals and drinks, watch pics and vids, play the **Lottery** and... have PARTY!!! So... don't miss it!

7. *Our Roads are Cool, but... They are NOT Downhill Tracks!*

Riding at the Giòasteka is allowed on our official track **AND** within Freeride's timeframes **ONLY!**

In other words, **it is strictly forbidden to ride your gears on nearby open roads**.

Police is **extremely** serious about this **as well as we are**: any abuse will immediately cancel your registration and send you back home!

Let alone any legal issues and expenses you may face in case you are caught

8. *Freeride's Meeting Point & Check-in Registration*

By applying to the Giòasteka Freeride, you confirm that you accept and will adhere to the event's rules and comply with all staff directives.

Check-in will be done at the Freeride's Meeting Point in Pian San Giacomo from 11:00 am every day.

When you first get to the Meeting Point in Pian San Giacomo, please bring your ID Card or Driving License with you. We need this to verify your registration status.

A **Riders' Briefing** will be done by the finish line, shortly before we start the Freeride. Please be on time and don't miss it: you will get all latest hints, important informations and news!

A free parking area is provided by the Meeting Point.

9. *Registration Resell/Giveaway/Transfer*

If for any reason you cannot attend and wish to give your spots to someone else, please let us know first!

We do not allow unannounced changes!

Check-in with someone else registration is **not** recommended and requires:

- a proof of the transfer from original registrant
- CHF 30.00 **extra** fee

10. *Refund Policy*

Refunds will only be given if there is a valid reason: when asking for a refund, please provide all details.

For example, weather forecast is NOT a valid reason...

Here is what to expect as a refund in case you are asking for it:

- full Refund (100%) until Jul 24
- partial Refund (50%) between Jul, 25 and Aug 7
- no Refund (0%) after Aug 8

No exceptions, sorry!

11. *Minors attendance*

Underage registration and attendance is permitted provided that:

- a signed parents permission form is submitted via email in advance or handed at the event's check-in
- at least one adult accompanies the junior during the event

According to Canton Graubünden's law, alcoholic soft drinks (wine, beer, alcopops) are allowed from 16 years of age.

Long drinks, spirits and distilled beverages will be served to adults (18+) only.

12. *Transportation*

After the Riders' Briefing we will start to pick you up at the Track's top.

Transportation will be done with cabinet vans and a trailer van for larger gears.

Hanging on vans is not permitted! Any damage to doors or other parts will be charged to those found not respecting this.

Please allow enough space for vans to steer at the track's top and finish line: you will get more runs!

Front seats are for Staff only!

13. *Ticket Live Check*

Every Freeride day has a **color coded badge** that must be stuck on your helmet!
You will get the badge(s) at the registration desk and we recommend to stick them on your helmet as soon as possible.

Lost stickers will not be replaced!

During the freeride we are constantly checking your helmets and the Rule is plain simple:
no sticker, no run, **no exceptions!!!**

14. *Safety Clothing/Equipment*

Full face helmet, slide gloves, leather suit or alternatively back protector, elbow and knee pads are mandatory!

15. *Ambulance*

The Ambulance is located by the finish line and is able to reach any part of the track in less than two minutes. In case of accident requiring rescue the Freeride will be put on hold until Ambulance is available again.

16. *Marshals*

Radio and flags equipped Marshals are placed along the Track and will keep an eye on your safety.

Remember: RED Flag = **STOP IMMEDIATELY**, YELLOW Flag = **SLOW DOWN**.

Please strictly respect Marshals instructions and in case you see an accident, alert them as soon as possible!

17. *First Run*

During the first run, we strongly recommend to get used to the track: turns, straights, speed, visibility, dangers... this means **more fun** as well!!!

18. *Some Freeriding Good Habits:*

- always follow instructions at the track's start: never leave without authorisation
- faster Riders and speedier gears start first for best experience and more runs
- group runs are allowed up to 8 Riders per "cluster"
- always keep a safe distance from others
- announce drifts by raising your hand
- announce overtakes by double clapping
- at the finish line, please leave immediately the track to allow others to safely stop

19. Viewers' Spots

For those wishing to attend as viewers, some unique spots along the track are available, where you can virtually feel the adrenaline unleashing from the riders, while taking pictures, shooting videos or simply watching the crazy runs. Access to the trackside is possible by walk and, if you are lucky enough, you may find some place in the shuttle vans.

WARNING: please **always** stay off the track and strictly follow Staff's advices!

20. Exhibitors Area

Some of our sponsors have a couple of great deals for you.
To get them, don't forget to visit the Exhibitors Area at the Meeting Point!

21. Have Fun!

Our event is about fun, friendship and sharing! Respect each other and be good!

The Giòasteka Freeride was born around a "**Spirit**" that makes the Riders Community a great community: please help us keep this flame alive, THANK YOU and... **have fun!**

